

The Energy Bus!!



11 steps to fuel your life, work and
TEAM with positive energy. The 10
rules to live by.

Step 1: Create Your Vision

Questions to ask:

1. What are your goals?
2. Think into the future.
What do you see?
3. What do you hope to accomplish?



Step 2: Fuel your Vision with Purpose

Questions to ask:



1. How will your vision benefit the growth of the individuals who make up your team?
2. How will our vision benefit others?
3. What greatness can we strive for?
4. What do we stand for?
5. How can we make a difference?

Step 3: Write down your Vision/Purpose Statement

Phi Theta Kappa Mission Statement:

The purpose of Phi Theta Kappa shall be to recognize and encourage scholarship among two-year college students. To achieve this purpose, Phi Theta Kappa shall provide opportunity for the development of leadership and service, for an intellectual climate for exchange of ideas and the ideals, for lively fellowship for scholars, and for stimulation of interest in continuing academic excellence.

PURPOSE

The ultimate fuel for a meaningful journey



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Step 4: Focus on your Vision

- **Make a copy of your Vision/Purpose Statement and hand it out to your team**
- **Encourage each team member to review the vision daily**
- **Ask each team member to visualize the team achieving their vision for 10 minutes a day**

Step 5: Zoom Focus

- Identify the goals your team needs to achieve to make your vision a reality
- Write these goals down
- Identify the action steps necessary to achieve the goals that will make your vision a reality
- Write down these action steps
- Make a copy of these goals and action steps and give to each team member



Step 6: Get on the Bus

- Identify who else need to be on the bus to help you implement the action steps that will achieve the goals and vision you and your team have set
- Invite them on the bus. Send them an e-ticket or hand deliver a printed ticket



Step 7: Fuel the Ride with Positive Energy and Enthusiasm

- **Engage and energize your team on a daily basis filling the void with positive energy so negativity can't breed**



- **Incorporate practices and processes that cultivate a culture of positive energy**

Step 8: Post a sign that says “No Energy Vampires Allowed”

**NO ENERGY VAMPIRES
ALLOWED!**

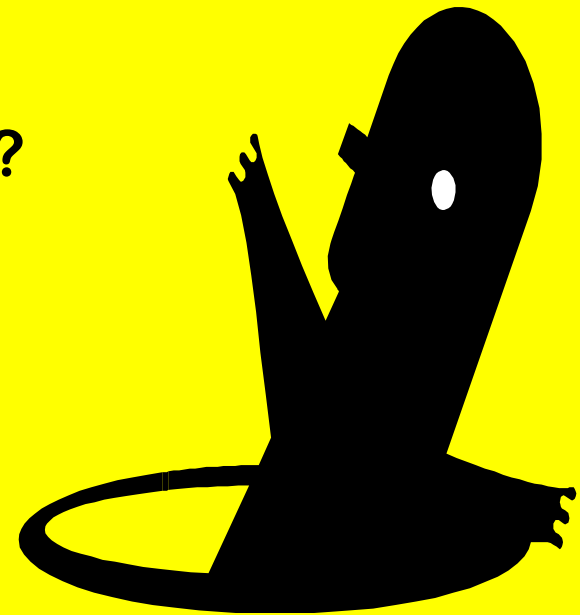


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Step 9: Navigate Adversity and Potholes

When faced with a challenge, setback, or adversity ask the following questions:

- What can we learn from the challenge?
- What is this problem teaching us?
- How can we grow from this adversity?
- What opportunity does this challenge present to our team?



Step 10: Love your Passengers

Questions to ask:

**LOVE YOUR
PASSENGERS**



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- How can I recognize them?
- How can I spend valuable time with them?
- How can I better listen to them?
- How can I bring out the best in them? How can I energize their strengths to better themselves and the team?

Step 11: Have Fun and Enjoy the Ride

- Remember that every bus trip and journey should be fun
- It doesn't have to be difficult and painful ride
- Ask your team regularly how we can be more successful and have more fun in the process
- Ask how we can bring more joy to the work we do
- Remind yourself and your team that the goal of every journey should be to arrive at your destination with a smile on your face. It's not just about the destination but about the team you become along the way



10 Rules for the Ride of Your Life

1. You're the driver of your bus
2. Desire, vision, and focus move your bus in the right direction
3. Fuel your ride with positive energy
4. Invite people on your bus and share your vision for the road ahead
5. Don't waste your energy in those who don't get on your bus
6. Post a sign that says *NO ENERGY VAMPIRES ALLOWED* on your bus
7. Enthusiasm attracts more passengers and energizes them during the ride
8. Love your passengers
9. Drive with purpose
10. Have fun and enjoy the ride



Resources

- **The Energy Bus: 10 Rules to Fuel Your Life, Work, and Team with Positive Energy by Jon Gordon**
- **www.theenergybus.com**
- **www.jongordon.com**